



## Personal Training Fees & Options

Personal Training sessions are designed to meet the specific needs of anyone who chooses this path to fitness and total wellbeing. One of our nationally certified personal trainers will design and conduct safe, effective, and goal-orientated sessions for you. Our trainers will be there to demonstrate, shadow, and help you achieve these goals. Clients must be at least 12 years old. Packages of 1, 3, 6, or 12 will expire 1 year from purchase.

<b>Resident</b>	<b>1 Session</b>	<b>3 Sessions</b>	<b>6 Sessions</b>	<b>12 Sessions</b>
<b>Individual 30 min.</b>	\$34	\$90	\$158	\$279
<b>Individual 60 min.</b>	\$52	\$144	\$276	\$528
<b>*Partner 30 min.</b>	\$32	\$71	\$134	\$254
<b>*Partner 60 min.</b>	\$48	\$112	\$201	\$369
<b>Non-Resident</b>	<b>1 Session</b>	<b>3 Sessions</b>	<b>6 Sessions</b>	<b>12 Sessions</b>
<b>Individual 30 min.</b>	\$41	\$109	\$199	\$359
<b>Individual 60 min.</b>	\$59	\$165	\$318	\$599
<b>*Partner 30 min.</b>	\$37	\$82	\$155	\$297
<b>*Partner 60 min.</b>	\$54	\$129	\$239	\$442
<b>Member</b>	<b>1 Session</b>	<b>3 Sessions</b>	<b>6 Sessions</b>	<b>12 Sessions</b>
<b>Individual 30 min.</b>	\$24	\$69	\$132	\$245
<b>Individual 60 min.</b>	\$42	\$123	\$240	\$455
<b>*Partner 30 min.</b>	\$21	\$53	\$97	\$181
<b>*Partner 60 min.</b>	\$35	\$91	\$167	\$305